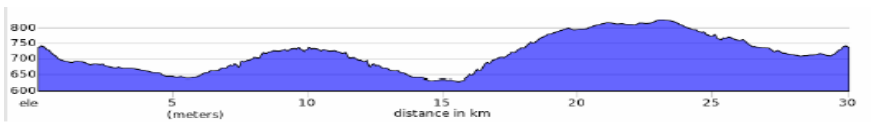


# Donderdag 19 mei

## Optie 1:

- 30km; 350hm



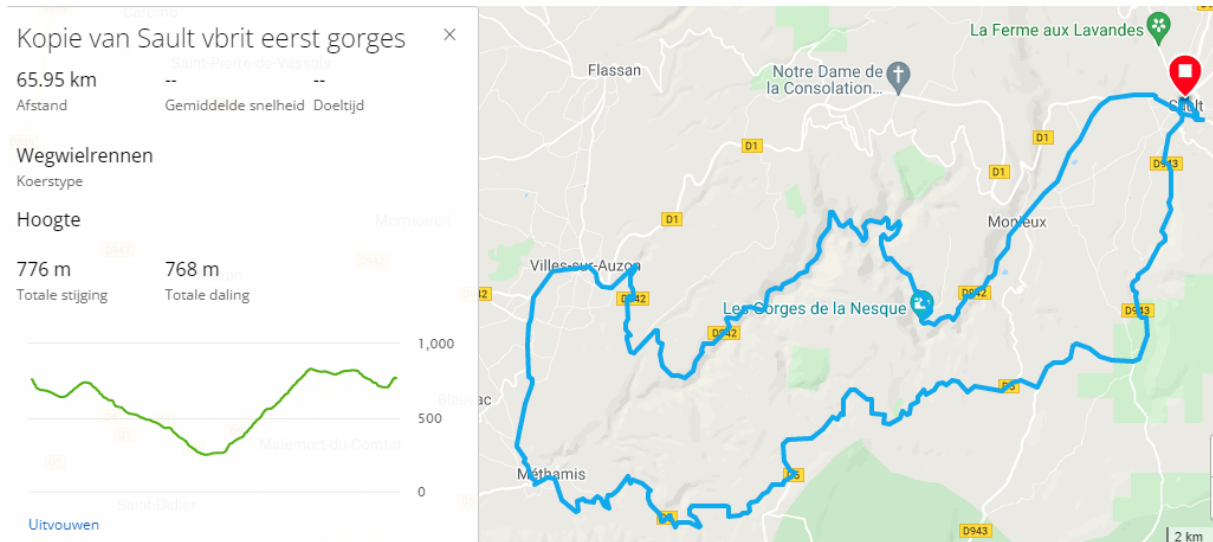
## Optie 2:

- 43km; 620hm



### Optie 3:

- 66km ; 780hm met oa Gorges de la nesque vanuit Villes-Sur-Auzon



### Optie 4:

Via ferrata?